

No Marriage

NoMarriage.com

Fourth Edition
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Jon Hertzog

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Chapter 1

Marriage statistics. "Modern Western Women".

Thank you for buying *No Marriage*. Let me start by defining a concept of a "modern western woman". A modern western woman typically either lives or moves to a big (usually coastal) city, stays single until her late 20s (sometimes until her mid 30s), then starts looking for a "suitable" husband. The main (pretty much the only) reason she is looking for a husband is because she wants children and a nice house, and she can not afford them by herself. Plus she is starting to think that working kind-of sucks and she is considering cutting down to part-time or stopping working altogether once she finds a husband. Most of the content in this book and nomarriage.com website is about modern western women.

The very discouraging marriage statistics is that 4 out of 5 men regret marrying:

- Divorce rate in America is now around 55%. (The main reason the divorce rate has not been increasing over the last 5-10 years is because less people get married in the first place.)
- Majority of remaining married men are stuck in sexless marriages with nagging and bitching wives, but they choose not to divorce because they are afraid of being wiped out financially during divorce.

You put the two together and at least 4 out of 5 married men (80%) either get divorced or trapped in miserable marriages.

Will you be one of the lucky 1 out of 5 men who is relatively happy with marriage? Not likely unless you and your future wife live your lives largely outside the mainstream American values and your wife is not a "modern western woman".

My research shows that the following groups of people make up the majority of the relatively happy marriages (the majority of that 20% of relatively happy marriages):

1. Very religious people.

A lot of people in the US consider themselves to be religious, and that's fine. But for the purpose of this book very religious people have to be defined as people who strictly follow (and I do mean follow, not just talk about it) some form of traditional/conservative ideology as it relates to men/women and marriage. Think of a typical "modern western woman" as defined above. Then think of a traditional young Mormon woman from a very strict family (I am only using Mormon as an example, it can be any conservative religion). Now think about those two women as being on

the opposite sides of the spectrum. Women I am talking about here are women on the traditional/conservative side of the spectrum.

2. People living in the rural South and rural Midwest.

Women there tend to be a lot less materialistic, self-centered, anti-male, and mentally unstable. Men there also tend to be in charge of their lives and they don't put up with any BS from women. Sometimes I get emails from men who are lucky enough to genially not understand what all the fuss is about. These men say that their wives are great, then they say they don't spend much time with their wives and spend their free time hunting, riding a Harley, doing things like that. If I ask them about their wives, it always turns out that their wives are closer to 50s housewives than to modern western women.

Perhaps a more accurate way to classify this group would be "people from mostly rural areas who marry early". Not everyone in this group is in the South or Midwest. There are plenty of women like that living 150 miles from Manhattan. And not all women who marry early are from the rural areas; but for the sake of simplicity I will lump them all under this umbrella.

What matters is that these women marry early and usually stay married unless something really serious goes wrong. They also marry for "love" or for idealistic reasons if you want to call it that. Another way to look at it is that they choose their future husbands almost accidentally or randomly. They basically marry whoever happens to ask them on a date when they are 17-19yo, who seems nice and treats them well. So whoever becomes their first or second serious boyfriend is likely to become their husband.

The conventional wisdom (at least the one that modern western women subscribe to) is that these types of marriages are not likely to work out. But in actuality they have a very reasonable chance of working out quite well. The biggest potential risk with these marriages is that people may change a lot between they are 17-22 and 28-35 years old.

A man may end up with drinking/drugs problem and/or beating up his wife. Or he may just become lazy and complacent. A woman may become lazy, uninterested in anything, spending the whole day literally sitting on a couch eating ice cream and watching TV. A few years of sitting on a couch and she is 100 lbs overweight often with drugs/alcohol addiction. Some women in this group also evolve into high-maintenance, demanding, and bitchy over time.

But a lot of these marriages work out well. If both parties continue treating each other well and continue putting some effort into their relationship and appearance, and if the woman does not evolve into a high-maintenance bitch, then the marriage will probably work out fine. That's a lot of ifs, but at the end a

reasonable percentage of these marriages turn out well, which is still a lot better than close to zero percent of good marriages with modern western women as the rest of the book will show.

3. People choosing to live a simple lifestyle.

People practicing "simple living" live their lives largely outside the mainstream consumer society. There is a big difference between people choosing to live simple lifestyle and people who are "poor". People choosing simple lifestyle often live below their means and focus on what they consider "qualities of life" issues or other non-material issues that are important to them rather than on accumulation of material wealth.

The "simple living" people are a hard group to define because they come from different backgrounds. Some people in this group are aging hippies, environmentalists, Dean supporters types. Some are more of survivalists, traditional conservatives, Pat Buchanan types. What they have in common regarding their marriages is that they are not trying to keep up with the Joneses so-to-speak, so they have a lot less financial pressures on their marriages.

Many men in the socialist/Dean supporters part of this group are also unfortunately complete pansies for the lack of a better word. Their wives are "strong feminists" and have complete control of their relationship, but the men are not necessary unhappy with that, almost in a masochistic way. It's somewhat of a peculiar situation to say the least. But this group is slowly dying. Almost all young "liberal feminists" today end up becoming "modern western women" with a big SUV and all that.

The conservatives and survivalists in this group often overlap with rural and more religious people. Men in this group have a decent chance of having a good marriage if they find the right woman. At least men in this group are very unlikely to end up with a modern western woman, so in a way they are lucky to avoid the most cancerous (and the largest by far) group of women without even trying.

4. Recent (mostly Hispanic) immigrants.

They were raised in more traditional cultures. You have to look outside the US (and the west) if you want a wife from this culture. There are not many single women immigrants in the US. Almost all immigrants are single men or families.

If you are a normal American guy living in a large metropolitan area marrying a normal college-educated American woman who is looking for the American dream (a nice house, kids, good life), then realistically you probably have over 95% chance of either getting divorced or trapped in a miserable marriage.

Chapter 2

Why marriages to American women fail.

The main reason marriages to American women fail is because American women have completely unrealistic expectations as to what they are going to get out of marriage. When they don't get everything they expect, they decide that men are not doing their jobs, and try to trade up.

Typical American woman is raised to be extremely spoiled and self-centered. She is raised as a spoiled brat who has spent her entire life either being completely catered to, or otherwise having her every whim and want fulfilled in the moment. Not bad, but not effective training in weathering problems that arise in every marriage.

When an American woman gets married and has children in her 30s, her life inevitably changes for the worse. She now has a lot more responsibilities and things to worry about. She is getting older and less attractive. She is getting bored with her marriage. American woman will always start resenting her "boring" married life and consequently resenting her "boring" husband.

Other important contributing factors to why marriages fail are women's depression, psychological disorders, and Postpartum depression (devastating mood disorder many women get after giving birth). 80% of American mothers get at least "short term" form of Postpartum depression. Symptoms of Postpartum depression read like the list of things that are wrong with American women taken from my book and website - anxiety, sadness, despair, feelings of worthlessness or guilt, loss of interest in sex, difficulty concentrating, fatigue for no reason, becoming fat, recurrent thoughts of death or suicide, etc... See www.nomarriage.com/postpartum_depression.html for more information.

Postpartum depression could be the main reason American women get bored with their marriages. The percentage of women having Postpartum depression is 80%, the same percentages of marriages where men either get divorced or trapped.

Depression is basically a big gray area in medical science. Definition of who is suffering from depression is subjective and arbitrary. I simply do not see how a woman can have the above symptoms for a few weeks after giving birth, and then become magically "normal" the following week when all the underlying reasons for her depression are still there and often get worse.

The reason American women get Postpartum depression is because a woman starts realizing that the baby comes with added stress, time commitments, responsibilities, financial responsibilities, etc... A

woman starts thinking that her previous care-free, responsibility-free, and stress-free life is over forever. Raising children today is stressful, time-consuming, and costly the first few weeks, the first few months, the first few years, and the next 15+ years.

American women are always told that they are perpetual victims, and everything that is wrong with their lives is men's fault and never their own fault. It is no wonder American women start blaming their husbands, and making their husbands feel like they are responsible for all the symptoms of her Postpartum depression. So American women transition from seemingly "nice" women to sexless nagging bitches and never look back.

Men go into a marriage with hardly any expectations:

"I'm 33, too old to meet girls in bars every weekend, and nothing better is likely to come along. Besides, it will at least get Allison to stop dropping hints about a ring...." He may actually find that the occasional hot meal and regular affection is not so bad.

Women have ridiculously high expectations, dreams and plans:

"First we'll have a baby, it will be just SOO kee-yut, I mean Steve would look so adorable as a daddy, then we'll have to buy a nice house and an SUV for the baby, and I'll ask Steve to sell his motorcycle and stop hanging out with Sid, I mean Sid was probably a lot of fun in college, but he's a little strange and enough is enough..."

Which of the two, Steve or Allison, is being set up for disappointment?

Chapter 3

Most American men get married for the "wrong" reasons. Children - the only right reason to get married.

The only "right" reason to get married is if you determined that YOU want to raise children in the near future and you need to find a woman who will make a good mother and wife.

Very few men get married for the right reason. Most American men get married for the following 3 reasons, all of them wrong reasons:

1. Pressure from girlfriend to get married.

By far the most common reason. After a couple of years of dating most women will start putting pressure on a guy to get married. Pressure can range from open ultimatums (let's set up a wedding date or else I am leaving) to subtle hints and everything in between. A guy starts thinking that he'd better propose or she'll probably leave and he eventually figures "what the hell, I am over 30 and she seems OK. Might as well get married". A guy does not really want to get married and does not want to have children at this time, but he goes ahead with both because his girlfriend is pressuring him.

2. Pressure from society, parents, etc...

Society and parents still put a lot of pressure on men to get married, "settle down", and have children by 30 or so. Society pressure and girlfriend pressure often go hand-in-hand.

3. A woman gets pregnant, accidentally or maliciously.

Men will often marry a woman after she "accidentally" gets pregnant, even though he does not really want to be married.

Here is how men usually get married:

1. Girl pressures guy for marriage.

2. Guy delays.

3. Girl gradually starts destroying guy's self-esteem and eliminating his friends.

4. Guy becomes too weak and too much of a loser to find something better than what he has.

5. Girl starts to limit sex. In effect controlling the only good thing in the guy's life.

6. Guy is in despair. Capitulates to marriage.

If you are marrying because of girlfriend or societal pressure, or because a girl got pregnant, then you are not really doing what YOU want to do with your life, but rather going with the flow and being a TOOL to circumstances. Marriages that start out for the wrong reasons are almost guaranteed to fail.

Chapter 4

Determine if YOU want children in the near future.

You need to determine if YOU want children in the next few years. Do not talk to your girlfriend when determining if you want children. You need to determine if YOU want to spend the next 20 years of your life being responsible for raising children.

There is an unspoken taboo in our society, where if you admit that having kids wasn't quite what you thought it would be, and that if you could do it all over again that you would have chosen NOT to have kids, then you are an evil, despicable monster.

The truth is a large percentage of parents HATE being parents. They will never say it out loud and they can't even admit that to themselves because "only an evil demon" would come to that conclusion, they think.

Children literally turn your life upside down. Marriage, sex life, your wife's appearance, your social life, the list goes on and on and on.

Forget dressing your daughter in pretty clothes, or playing catch with your son. Think about being awoken at 2 a.m. by a sick, screaming kid who just threw up all over the bed, and who doesn't give a shit that you have to get up for work in four hours.

Talk to every father you know (preferably people close to your age). Ask them what it's really like to have children. Ask them what changes they made to their lives after they had children. Ask them how much time children take. Ask them how much effort and energy children take. Ask them how stressful it really is to raise children. Ask them how much children cost them. Do not ask them if they are glad they had children. Nobody will admit to being unhappy even if they are.

Then determine if you want the next 20 years of your life to change the way their lives changed. It should be a yes or no answer. Children will change your life. You need to decide if you want these changes in advance. And please make this decision by yourself. You'll be responsible for your children, so the decision is entirely yours.

Don't overlook the financial aspect. One child today costs \$300K-\$600K to raise. You will have to commit to earning at least \$20K per year per child for the next twenty years.

Let's break down the costs of raising just one child:

- You'll need an extra bedroom. At \$500/month, that's \$120,000 over 20 years.
- Food and clothing will be \$200/month - \$48,000 over 20 years.

- Healthcare is another \$100/month - \$24,000 over 20 years.
- Then there is travel, babysitting, and all the misc. expenses - let's say \$300/month - \$72,000 over 20 years.
- Now we are near \$300,000 over 20 years, and we did not even talk about the biggest expense - education.
- You want your child to go to a good private university - that will be \$200,000 over 4 years.
- How about a private school - that will be another \$150,000.

Add all these numbers up, then decide if you want to take this financial obligation at this time in your life.

Think of being a dad as a part-time 20-year long job that you can not quit (that's exactly what it is). I am not saying it is a good job or a bad job. It is just a part-time job that will completely change your life for the next twenty years. Do you want this part-time 20-year long job at this time in your life?

If you determined that you do not want children in the near future, then you DO NOT WANT TO GET MARRIED now. It's that simple.

If you decided that you want children in the next few years, then you need to find a woman who'll make a good wife and mother to your children.

The *National Marriage Project* (marriage.rutgers.edu) puts out marriage-related studies. Their 2004 essay called *The Marrying Kind: Which Men Marry and Why* studied a group of married men. Only 35% of these men said they got married because they were ready to have children, yet 70% of these men ended up having children. That means that one out of three men had children without really wanting them.

This is not an anti-children book. Children are great if you want them. But the reality of the life in the west is that having children without wanting them is something you are likely to regret in the future.

Chapter 5

You determined that you do not want children in the near future.

You don't want children is the same as you don't want to get married. The ONLY reason to get married is to have children and start a family. You already decided that you don't want children for now, so you surely don't want a wife either.

You don't want to get married means that you have to be very careful about being in a serious relationship with an American woman. American woman in a "serious" relationship will put pressure on you to get married and start a family 2-3 years into the relationship (sometimes much earlier). You'll be pressured to do what you don't really want to do.

I would highly recommend that you just have sex and have casual relationships with American women. The relationship should be over as soon as she starts controlling you, nagging, or sex becomes boring.

Do yourself a favor and stick to these basic rules when dating American women:

1. Do not move in with her. You NEED an option to easily get rid of her at any time for any reason.
2. Do not accidentally have children with her.
3. Get rid of her as soon as she starts pressuring you into marriage, nagging, bitching, controlling sex, controlling you, etc...

You should look for an alternative girlfriend while dating an American woman. Never forget that your American girlfriend is only temporary. Continue living your life as if you were single. It is very important for two reasons. 1) You might meet a foreign girl who will make a good long-term partner and with whom you can have a real relationship. 2) You will start getting too used to your present American girlfriend and she will start controlling you.

Chapter 6

You decided that you want to have kids in the next few years.

You now need to find a woman who will make a good wife and a good mother. It's better for your health, and the future health and safety of your kids.

You have a responsibility to avoid women who will make bad wives. That means, avoid all American-raised women. It's each guy's responsibility to find a woman who will make a good mother and who is the best possible choice for HIM, who will make HIM happy.

Carefully examine every woman you date and determine if she will make a good wife as described in chapter 8. Do not marry her if she does not satisfy ALL the requirements for a good wife. It does not matter how attractive she is and how much you "love" her. Do not marry her if she displays clear warning signs of a bad wife described in chapter 8.

Remember that marrying an average American woman means that at best you will have a 5% chance of having a happy marriage (see chapter 1). If you like these odds, go right ahead, just remember that your marriage is almost guaranteed to end in either divorce or you getting yourself trapped.

Foreign women from South America, Eastern Europe, and Asia will make the best wives. Only guys who travel (in other words, guys who are successful and ambitious enough to travel a lot) find these women. But they never, ever go back.

The best way to meet foreign women is to spend time abroad. Another option is to use Internet foreign dating services. I feel that spending time abroad is the better of the two. The next chapter will talk about it in greater length. But your odds of finding a good wife using foreign dating services are still much greater than marrying American woman.

Chapter 7

Travel to Latin America, Eastern Europe, or Asia at least once a year.

Every American man should try to spend at least one month a year in Latin America, Eastern Europe, or Asia. In one month at either one of these places you'll meet more beautiful and friendly women and have more and better sex than you will for the rest of the year in the US.

Trust me on that. Once you spend a few months in Latin America, Eastern Europe, or Asia, you will realize how ridiculously overpriced and selfish American women really are. You will never consider marrying American woman after that. Most guys can not stand even dating American women after dating foreign women for a while.

If you don't think you can afford travelling a month or two a year, I suggest you spend less money on dating American women. A month in Latin America, Eastern Europe, or Asia will cost you around \$1500 (or less) plus airfare (\$500-\$700 round-trip from the US if you don't go during the peak tourist season).

Here are some ways you can save money while dating American women:

- Did you buy a new car mainly because you thought it would help you attract women? It's costing you \$6K+/year and does nothing but attract high-maintenance bitches to you. Get rid of the new car and buy a 10 year old Honda for under \$5K. (I am not at all against buying an expensive car if you can afford it and you want it for yourself. What I am talking about are men who spend 1/4 of their income on a car they can not afford hoping to impress dates).
- Do you take women out to expensive restaurants? Stop. You can save \$ thousands a year if you eat at moderately priced restaurants.
- Do you buy women drinks in bars? Don't ever do that. That's probably costing you \$ thousands of dollars a year as well, and you are actually getting laid less because of that.
- Don't buy American women anything beyond token small gifts for birthday, etc. Don't ever pay for American women's shopping sprees and trips (www.noMarriage.com/loser.html).
- Don't overspend on prostitutes. Only hire independents and bargain. There is no reason to pay a lot more than \$150 in major markets and close to \$100 in smaller markets. Prices abroad are even less and the quality is much better.

- Don't waste money on strippers. Why waste time and money on a woman who teases but does not have sex with you.

These suggestions could easily save you an additional \$5-\$15 thousand a year. Save the money, then use your vacation or take some unpaid time off work and head abroad.

I started [www.**SingleAbroad.com**](http://www.SingleAbroad.com) as a comprehensive resource for men interested in traveling and meeting local women abroad. Email me at noMarriageSite@yahoo.com if you did not get SingleAbroad.com membership with *No Marriage* purchase and you can join SingleAbroad.com for half price (\$5 over 2 years instead of \$10).

Chapter 8

Will your girlfriend be a good wife?

It is very important to understand that things you are looking for in a "cool" temporary girlfriend and a good wife and mother are completely different things.

An irresponsible and selfish American woman makes a fun temporary girlfriend, but she will make a horrible wife.

Carefully examine your girlfriend and do not marry her unless she satisfies ALL the requirements for a good wife outlined in this chapter.

1. Your girlfriend should only say positive things about you.

Let's look at the letter written by a husband married to a Brazilian wife:

My wife is Brazilian and she's really supportive, extremely passionate, feminine, truly sweet and caring, and most of all, stands by her man, the old-fashioned way. She is so wonderful. It's still hard for me to believe how lucky I am.

I have everything a man would love to have from a woman and wife, from loyalty and commitment to a great sex life, and she is a great cook too.

Couldn't ask for more.

She goes to work and whenever I meet someone working with her they are eager to meet me because of what she tells them about me. Everybody thinks I am the best husband in the world!

And I am just a regular decent average man. Not ugly, not handsome, not a devil, not an angel.

I don't have to prove anything to her, the way "sadly" most men have to prove every little thing to their American wives.

My wife and I laugh, or feel sad about all the crap her American coworkers tell her to "teach her how to deal with a man like me". Just selfish and worthless abusive advice.

If your girlfriend ever says anything negative about you to anybody, that's a 100% guarantee that you are already not meeting her expectations. After marriage that will result in her nagging and bitching, and denying you sex.

Here are things American women usually complain about their boyfriends:

- He is cheap. Does not take me to nice places often enough.
- He does not pay me enough attention.
- He does not spend enough time with me. Spends too much time with his friends, etc...

All these things indicate that your girlfriend is basically using you, by putting her interests above your interests.

How do you find out if your girlfriend is telling her friends only good things about you? Her friends will always be very nice to you. In fact, they'll be complimenting you and telling you things like "Your girlfriend has been saying so many nice things about you" whenever you meet them.

2. Your girlfriend should never say/think anything negative about men.

You are a man. If your girlfriend does not like men, she will end up not liking you. In the US high schools and colleges teach women to blame men for everything. It is drilled into them every hour of every day, for years. The majority of American women end up not liking men by the time they graduate from college. Liking someone is a basic requirement for a successful marriage.

Furthermore, women raised by single mothers usually don't like their fathers, because their mothers were always telling them how "awful" their fathers were (and yet these same mothers chose to have their child with this "awful" man).

Their negative attitudes towards their father will evolve into negative attitudes towards men in general and you in particular.

It's pretty easy to figure out when a woman does not like men. Does she ever say something like "men are pigs" or blames men for any of her or society problems?

You've got your answer.

If you're going to live with a woman, it is incredibly unpleasant, not to mention unhealthy, to be with a woman who basically dislikes you as a man, and whose underlying belief system is anti-male.

No matter how much she claims to "like men" you'll find that it is a thin veneer. In times of stress and danger, she will revert. At the exact moment that you most need her trust, she will explode and attack you. Is that the kind of life you want?

Also, there will arise a huge difference in your views. Because she is starting with the assumption that men are jerks, when she makes even the slightest effort to be nice to you, she will view this as a huge concession on her part. She'll think "wow, was I ever nice to him" just because she was moderately pleasant one day.

Also, she'll view ANY mistake on your part to be a HUGE OFFENSE.

You, on the other hand, will see her constant anti-male bias as a big drain on you. It will be a constant irritation. When she does little nice things for you, you'll view them as nowhere near enough to compensate for the constant underlying hostility. At the same time, when you make minor mistakes...which you will expect to be forgiven for immediately...you will be shocked by her overboard anger.

She will constantly be on your case. Every good thing you do will barely be acknowledged. Every bad thing you do, no matter how insignificant, will be a reason for a total blowup to her. She will make some minor little friendly gestures, and then get all self-righteous when you do not kiss her feet in gratitude.

3. Your girlfriend should never use sex as a weapon.

Sex is usually the best for a few months after you first meet a woman, and goes downhill from there.

A woman that uses sex as a weapon is:

1. manipulative
2. has no respect for you as a man
3. thinks she is doing you a favor when having sex

Most American women view sex as a reward they give men. That will lead to less frequent sex and no sex soon after you get married.

Never marry a woman who is sexually demanding in terms of your performance, who withholds sex on a regular basis on the grounds of headache or disinclination, or thinks she has a "right" to anything in particular sexually -- who, for example, will refuse you sex or make you keep doing things in bed on the grounds that you didn't get her off the last time.

You are going to get older and fatter and her libido is going to go off a cliff as she gets older and has kids. If she is even slightly hard to deal with sexually now (in terms of giving it up, or in terms of demanding things from you now) she is going to be IMPOSSIBLE to deal with five years after marriage. You WILL have a sexless marriage.

4. Your girlfriend should not have negative attitude towards traditional women's responsibilities.

Cooking, cleaning, mothering, wants kids, loves kids, loyal, trustworthy.

It does not matter if she will not be doing much cooking or cleaning after marriage.

What is important is that the wife does not have a negative attitude towards doing these things. Any trace of snobbery at doing traditional female tasks is a very bad sign of a princess.

5. Your girlfriend should not have any personality disorders.

The two most common personality disorders American women have are Histrionic and Narcissistic disorders.

Histrionic disorder: manipulative, attention seekers, dominate the conversation, use grandiose language, seek constant praise, dress provocatively, exaggerate illnesses in order to gain attention, exaggerate friendships and relationships, believe that everyone loves them.

Narcissistic disorder: self-centered, seek attention and praise, take advantage of people, fantasize about success and power, expect favorable treatment, exaggerate achievements, have difficulty maintaining long-lasting relationships, expect others to recognize them as being superior.

Many American women also have Dependent, Obsessive-Compulsive, and Borderline disorders. www.noMarriage.com website has links to additional information about personality disorders.

A woman with personality disorder(s) will make your life a living hell in no time.

6. Your girlfriend should not have a snotty and superior attitude towards anything.

This is a huge red flag that all but guarantees a miserable marriage, and yet very few men pay any attention to it. Any sign of her snootiness and superiority means that she has a "princess" syndrome. Watch for any signs of superficial and stuck up attitude your girlfriend might have. It does not matter what she feels superior about. In time she will have this attitude towards you. She will always be putting her interests above yours and she'll start controlling you and play mental games with you.

7. Your girlfriend should be financially responsible.

Does your girlfriend regularly shop for expensive shoes and purses? She is probably financially irresponsible.

A great way to determine how good she is with money is her attitude towards engagement rings and wedding ceremonies. You don't have to plan your own, just talk about the subject in general. Say something like: "This wedding your friends are planning sure is expensive. Wouldn't it be smarter to spend the \$20K on a down-payment on a house?" If her attitude is that the wedding is more important, then it's a sure indicator that she is selfish and stupid with money.

If you end up buying her engagement ring, buy a very inexpensive one, and tell her you are saving the money to buy a house. Then find out if she told her friends that you bought her a cheap engagement ring.

Get a credit check on her and find out if she has credit card debt or any negative points in her credit record. Financially irresponsible woman will always overspend. After you are married you'll be slaving away for the rest of your life to support your wife's ever increasing wants.

8. Your girlfriend should not try to prove anything to you and be preoccupied with fairness.

US high schools and colleges also teach women that they always have to prove themselves since they are women. That mentality will lead to constant confrontations and resentment after you get married. Imagine coming home every day after work and your wife wants to prove to you she is right whenever you have any minor disagreement or even discussion. And if you disagree, she will continue trying to prove that she is right even if it obvious that she is wrong.

You will never win any arguments, because she is more interested in proving to you that she is always right, than in solving a disagreement in good faith. You will always end up reluctantly agreeing with her, and start building resentment towards her.

No woman with strong feminist leanings will EVER be happy with the breakdown of tasks in the household. She will ALWAYS be preoccupied with fairness and feel that she is always being taken advantage of.

9. Your girlfriend should never try to control or change you.

It's your responsibility to find a woman who is the best possible choice for YOU. She has to like you the way you are. You like to watch football, she should never ask you not to watch football; you like to

go out with friends, she should never ask you not to. She should never complain about your appearance, or even care too much about it.

If your girlfriend is controlling, it will always get much worse after marriage. She will try to take complete control of what you do and will make your life miserable.

10. Your girlfriend should never lay guilt on you and play mind games with you.

Laying guilt and playing mind games is very common with American women.

American women are, for the most part, not well suited to accept reality or to think logically. They will approach a situation with their mind already made up. Then they will twist and manipulate the information to validate what they're already thinking.

So their views on reality are usually messed up. And their process for arguing/interacting is not based on reality. Instead it's based on whatever irrational tools will help them prove their point (screaming, personal attacks, red herrings, etc).

Conclusion.

The key is to marry a woman who isn't going to be SO MUCH DAMNED WORK.

It's like swimming. Yes, I like to swim and I'm a good swimmer. Does that mean that I'll choose to jump in a fast-moving river and try to swim upstream? Hell no. That's just unpleasant. I'd rather pick a nice calm body of water to swim in.

Same with women. Don't marry a woman who is going to be a huge pain in the ass, constant work, and constantly swimming upstream. Don't marry a woman who will make it harder than it has to be.

Pick a woman to marry who will be a GOOD WIFE and who KNOWS HOW to be a happy, successful wife, and who KNOWS HOW to help you be a better husband. Pick a woman from a culture that encourages this.

In other words, DON'T marry an American woman. They are much, much harder to be married to, simply because they have been trained to NOT make any effort to be good wives.

They have been trained to focus exclusively on their own needs, and to completely ignore yours. They have been trained in a thousand techniques for making it all "your fault". Not fun. Being married is damned near impossible anyway. No need to make it harder.

My girlfriend will not make a good wife. Now what?

The first thing you need to do is to fully accept it. Take your time and let it sink in. It's a very difficult thing to accept, particularly if you were planning on marrying your girlfriend and spending your life with her. Furthermore, your relationship with your girlfriend is probably pretty good at the moment, so you don't see how things will turn for the worse after marriage. You need to understand that the girl you are dating is not a real her. She is just acting in her dating phase; she is essentially selling herself to you. Your married life will eventually become completely miserable if your girlfriend does not fit all the requirements for a good wife outlined in the previous chapter. Marrying her will ultimately lead to one of the three outcomes:

1. Losing everything you earned while you were married and probably more.
2. Miserable life of a married trapped husband who would love nothing better than for his wife to go away.
3. You become a pussy/sucker (see next chapter) whose only purpose in life is to bring home a fat paycheck.

If you determined that your girlfriend will not make a good wife and your relationship is serious (she is hinting about marriage and/or children), then you have to get rid of her. Just do it. Don't worry about her feelings or anybody else's feeling. You only have one life and you have to worry about the best way to live YOUR life, not the best way to service your girlfriend. Whatever you do, do not move in with her and do not have children with her.

Remember, your health, and the future health and safety of your kids are at stake. You have a responsibility to avoid marrying women who will make bad wives.

Chapter 10

Suckers, Fuckers, and the truth about how American women get married.

Let's first define a sucker and a fucker.

Sucker - also known as provider, also known as husband - docile schmuck who pays American woman's bills and does not pester her for sex.

Fucker - a person American woman actually enjoys having sex with.

A fucker and provider can never be the same person. Fucker has to be unpredictable, interesting and exciting. A sucker has to be secure, dependable, and consequently boring. Never, ever forget that. American women do not enjoy having sex with suckers.

Until they are in their late 20s, American women are not really interested in settling down and spend most of their time with fuckers and temporary suckers (men who take them out on expensive dates but never get laid).

American women literally separate men they meet into potential suckers and fuckers right after they meet them.

When American woman gets to about 28 she starts fraudulently selling sex, her looks, and her personality, so she can land a permanent sucker (husband).

We have all met these women in their late 20s and 30s who say they now want to "settle down" and find a "good" husband. Those are the women you want to avoid the most. Let's look at a typical woman like that.

She majors in Liberal Arts where she basically spends four years learning how to hate men (College professors and college courses are openly anti-male). She then moves to a big city, gets a job, and moves in with a female roommate who is even a bigger bitch than she is.

She spends the next 5-10 years going out on dates and practicing using sex to get things from men, watching Friends and other similar shows where every female character is a high-maintenance bitch, and bitching with her friends that she deserves better and all men are jerks.

In her late 20s she realizes that she probably wants a house and children after all. She starts to get increasingly desperate to find a secure sucker whom she expects to work overtime for the next 30 years so she can live in a big house, have children, and have an option of working part-time or not working at all. All that can only be possible if her husband works overtime.

Her expectations are now completely out of control and she thinks she deserves her husband to be the combination of all the best qualities of all her dates and Friends characters. She was completely brainwashed and trained to be anti-men and to always be confrontational. Years of being single made her mentally unstable and psychotic. She has spent the last 15+ years practicing using sex to get things from men.

1. Sex before marriage.

American woman is not interested in sex with a sucker, but she pretends that she is until she is married. A woman might even pretend she likes giving him blowjobs until after the wedding day. American woman simply uses sex as bait (either consciously or unconsciously), and having landed the fish, no longer sees the need to bait the hook.

2. Appearance before marriage.

Appearance is the most rapidly deteriorating asset a woman has. It starts deteriorating in mid twenties and is usually completely gone in her thirties. A single woman looking for a sucker puts a lot of effort in enhancing her appearance. She will go to a gym and try to stay fit, she will dress sexy, wear push-up bras, have nice long hair, etc..

3. Personality before marriage.

Single American woman looking for a sucker will go to great lengths to come across as "nice" and "caring". She might even make an effort to show you that she is interested in you. She will usually refrain from too much bitching and nagging until she has her ring and you are trapped.

An American woman basically puts up a "pre-marital dog & pony show" to impress you. She wants to land a stable and secure sucker so she can have her nice house and kids.

After American woman gets married, she no longer has any incentive to have sex, look nice, and act nice.

1. Sex after marriage.

Forget it. Sex with a sucker is boring and unexciting. It does not matter how much romance you put into your relationship. The simple truth is that American woman is bored after a few years of marriage, and there is nothing you can do about it. The situation is completely pathetic. Five years into her marriage, American woman would rather have sex with anyone but her husband. Expect girls' nights out and

girls' trips to Vegas and Mexico, where she'll be banging strangers (married women now cheat as much as men. See statistics on www.noMarriage.com website).

It is all but accepted by society that sex is not an important part of marriage, and the husband is not entitled to as much sex as he wants.

If sex is important to you, then you should re-evaluate if this conventional view that you are not entitled to sex after marriage is acceptable to you.

Foreign women have better sex lives after marriage because they generally do not use sex as a weapon, plus they have a lot less hang-ups about sex to start out with. American women are raised to always use sex as a reward for something they get, which is essentially the same as being a prostitute.

Www.nomarriage.com/marriedsex.html webpage has lots of quotes from married American men living sexless lives.

2 Appearance after marriage.

After he is married, a sucker will quickly find out that his wife never really liked gyms and exercise. One day he comes home from a long day at work, and he sees this fat fuck in polyester stretch pants sitting on a sofa, sucking bonbons and watching Oprah. Dresses - forget it, sweatpants are more comfortable. Hair gets cut since long hair is now "too much effort" to maintain.

3. Personality after marriage.

American woman already has a sucker, so she is now free to become the nagging bitch she was raised to be. She is always bored with her married life and tired of responsibilities that come with being married, and she no longer has any reason to hide it. Expect nagging, bitching and confrontations over small things to become daily occurrences until the life of a sucker is one continuing nag and bitchfest.

You see, once American woman has her house and children, she doesn't need you any more, except as a meal ticket.

Ask your married friends with children how their wives changed after marriage. Most will eventually admit that their sex lives are now non-existent, and their wives became nagging bitches who lost all femininity and no longer even resemble women.

Chapter 11

Why marriage to American woman no longer makes sense.

Modern American woman wants all the benefits of "equality" without any of the responsibilities that come with equality.

American women want special privileges from the traditional system (men paying, being "gentlemen" by using special deferential manners and language to women, being the main breadwinner, etc) but not the old-fashioned obligations (being modest and ladylike, being a housewife, etc).

They want the positives of equality (rights, equal access to work and education, etc) without the responsibilities (paying your own way financially a full 50% for life, taking risks with no safety net, and taking your lumps without complaint like men do...not expecting to be protected or sheltered from harsh reality, etc).

You can't take only the good from both systems...you have to take the bad with the good in any balance you strike. When American women try to have their cake and eat it in this way, the bad doesn't disappear...it gets paid by men, and this is why the current culture is one of exploitation by selfish hypocritical American women.

The current American culture discourages women being looked at critically, instead projecting all blame unjustly onto men; and so the inequity is rationalized away.

This is why other cultures which haven't got this screwed up as far as gender relations go, start to look very attractive. The women there expect to give as well as get.

www.nomarriage.com/50s.html has the article called "The good wife's guide" from 1955 issue of Housekeeping monthly. Check out the article. It looks almost laughable today. But it's no laughing matter. That's what women were expected to do to make marriage fair and balanced.

Chapter 12

Do not get into relationship and marriage discussions with American women.

It cannot succeed.

They don't like it, because it shows in plain black and white how hypocritical and selfish American women are as a group, and how they are taking advantage of men, children, and all of society in order to satisfy their emotional whims.

Never, ever expect any American woman, of any age, to discuss these issues honestly. They won't answer you honestly, they won't "admit" the truth, and they won't stop spinning the truth.

They are purely, completely selfish. Their entire thought process - their "world view" is completely selfish. They are utterly brainwashed by feminism to consider themselves "innocent" and men "guilty" at ALL times no matter what reality is. It doesn't matter how wildly unfair the situation. Somehow, American women will keep making everything "men's fault".

Even the very few American women who are able to think independently about this, and who want to understand your feelings (let's say you're talking to a woman who is a close friend and respects you) are largely a waste of time. They will talk and talk and talk with you. They will sympathize and intellectualize. But in the end, you'll find that there was no real conclusion. They talked so much, they managed to evade the point.

Here is a list of "bullshit evasion tactics" that American women ALWAYS use in these arguments:

1. The Knee-jerk Insult.

"You're just an asshole. I'm not even going to discuss that" (Why, because I'm saying something you don't want to think about? Yeah.)

2. The Standard Feminist Attack.

"You're just a woman hater" (Anybody who criticized the behavior of women is a woman-hater. Of course, anybody who criticized men's behavior is...a good citizen).

3. The Manhood Insult.

"You probably never get laid" (When she was a girl, she could always manipulate men by insulting their manhood. Why not try it again...).

4. The Sly implication that you're a loser.

"Wow, you need a girlfriend!" "What's the matter, still mad at mommy?" (Much easier to attack the other person than to actually discuss the issue)

5. The Big Distraction...Ignore Point and Attack Men on Completely Unrelated Issue.

(This is a favorite of feminists. If you make a criticism of women, they just pop out some completely unrelated and disconnected side-attack against men. Like you say "why do women use Divorce to screw over men?" and she says "Men earn 10% higher salaries in the Coal Mining industry!" If you say "pay attention, talk to me about Divorce Laws!!" she says "Did you know that in Honduras it's still legal for men to beat their wives?")

Their goal is to evade your point and/or derail the argument, any way possible.

How to talk to modern western women.

I found that by far the best way to discuss relationships with western women is to say something like: "I wish I could grow and have a meaningful relationship with a strong woman like you, but unfortunately I keep falling in love with foreign women. I just can't help myself."

Then use the following suggestions after her replies:

- I can only assume you have never been in love.
- Yes, I wish I could maintain a relationship. But my love just fades after a few weeks. And you know how it is to be in a loveless relationship.
- Well, I can not help it. It is the way my mother raised me. So it is her fault.
- I see you have never grown apart from the one you loved.
- I wish you would offer me support, not insults.

If you want to be more serious, there is a very simple way to address western/foreign women issue. Non-western women were raised in a manner that keeping their husbands happy is one of the main goals in their lives. Western women were raised in exactly the opposite manner. Any sane man would choose a woman who is going to treat him better, so choosing a non-western woman is the obvious default decision.

A western woman has to explain why you should choose her over a non-western woman. If she can not do that (which she can not obviously), then what she thinks and what she wants is irrelevant to you. You do not need to explain or prove anything to her because she offers nothing you want.

Western women ranting about foreign women is nothing more than a nuisance; think of them as homeless women heckling because a Lexus is an ugly color.

Chapter 13

The biggest costs in marriage are initiated by women but have to be paid for by men.

In the 1950s a working man could support a stay-at-home wife and children with one income. Today it is all but impossible. The main reason for it is because the cost of housing and the cost of having children essentially doubled (adjusted for inflation) when women started working. Housing and children used to take one income, now they take two incomes. That creates an extremely stressful and difficult situation for married men because women will often choose to work part-time or not work at all after having children. So men now have to work double to compensate for their wives working less.

What makes things even worse is that women initiate the biggest costs in marriage, but men are responsible for paying for them even though men did not want those things. Women usually want a big house and expensive home improvements. Women also want to have children early (often because of the biological clock). The big house and children happen to be the two biggest costs in marriage. Nothing else even comes close. A sports car a husband wants costs less than a small bathroom addition.

That makes marriage extremely unattractive for men for economic reasons.

Today's women have equality and should pay for what they want without expecting to be subsidized by men.

A woman wants a big house. She should pay for the house herself. Her husband would probably be perfectly happy living in a two-bedroom apartment. Why should he be responsible for doubling or tripling his mortgage payment when his wife is the one who wants the house.

A woman wants a \$25,000 Corian countertop. She should be responsible for paying all of the \$25,000. Why should her husband be responsible for paying even half of the \$25,000 if he does not want a new countertop to begin with.

A woman wants to have children because of her biological clock. She should pay for raising them herself. 30-year-old men do not want children. Why are they expected to be financially responsible for children they did not want to have.

60 Minutes TV show (aired on Oct 10, 2004) had an interesting report on how more and more career women quit workforce after having children. They interviewed a researcher who called couples from 1996 *NY Times* marriage announcements where both husband and wife had high-powered jobs; and she found out that 85% of these women no longer work 8 years later. They also interviewed the dean of Harvard business

schools who said that only 40% of female Harvard MBA graduates work in their child-raising years. The dean then said some nonsense about how companies ought to hold jobs opened for women for 10 years.

This trend is very relevant to you, particularly if you make average (as opposed to way above average) salary. What it means is that there is a very high probability that, regardless of what your GF is saying now, she will not be working after having children. And since the costs of buying a house and raising children now require two full-time incomes, you will probably have a very hard time (see chapter on stress below) providing for your wife and children on one salary.

Chapter 14

Men's responsibility is an obsolete concept.

Three things are always emphasized whenever marriage is discussed today:

1. Men's responsibilities.
2. Women's entitlements and women's best interests.
3. Children's entitlements and children's best interests.

Two things are noticeably missing from every discussion - women's responsibilities and men's best interests and entitlements. And they are missing for a very good reason - because they do not exist. American women today do not have responsibilities, and American men today do not have their own best interests. Pay attention to that when you read articles about marriage in newspapers and magazines; not one of them will mention women's responsibilities or men's best interests.

Articles about marriage usually try to sell marriage to men using a couple of bogus reasons:

1. Married men live "longer". It used to be somewhat true because married men lived sheltered lives. But it is no longer even true. Married men today still live boring and sheltered lives, but they are also constantly stressed from working 60-hour weeks and never-ending bitching at home. So men marrying today will live shorter lives (see next chapter).

2. Married men earn more in their lifetimes. That is true, but only because married men are forced to work 60-hour weeks to support their spoiled wives and children, while single men can take it easy, work less, and actually enjoy life rather than living the constant work/bitch-wife drudgery.

The last point actually goes to the very core of why government supports marriage - married men slaving away at their jobs will pay more in taxes, and married men will finance women's consumption and raising children.

Marriage today is basically a transfer of wealth from men to women (that is the REAL reason women want marriage). A typical marriage -> children -> divorce scenario results in about \$200,000-\$300,000 in wealth transfer from a man to his ex-wife. Marriage will last for about 5-7 years. A man will typically lose everything he earned in these 5-7 years in divorce. And the man will then be stuck paying child support for the next 18 years (most of which his ex-wife will spend on herself rather than children). Marriages that do not end in divorce will result in even more transfer of wealth from men to women since men will be spending most of their paycheck on women for the rest of their lives.

So forget about your so-called "responsibilities" and focus on your best interests.

Chapter 15

Unmarried men will live longer and happier lives. Stress in married men's lives.

Women like to say that married men live longer and happier lives. That of course is complete nonsense because this statistic looks at men who die today (men born 70-80 years ago) and projects result on men who marry today (men born 30 years ago).

Men born in the 1920s and 1930s married around 1950s. Back then only drunks, drug addicts, and criminals were not marrying and starting a family in their 20s or early 30s. So of course married men would appear to live longer when compared to drunks, drug addicts, and criminals who usually die young.

So married men in the past did not live longer and happier lives because they got married. They lived longer and happier lives because they had their act together in the first place.

Also, women back then did not have demanding and nagging attitudes they have today. So married men back then did not have stressful miserable lives married men have today.

Today things are completely reversed. Married men today are stressed more than ever. And stress always leads to health problems and premature deaths.

I recently read an interesting research report about how lawyers are two to three times more likely to become alcoholics and drug addicts because they are always stressed and unhappy. The same applies to married men. How many married men today are happy and not always stressed? Not too many.

Let's look at stress married men are exposed to in further detail. Not many men think about it before marriage, but they really should.

Commute stress

There were recently several research reports on the very underestimated negative health effects of car or train commute. The main reason men have long commutes is because their wives wanted to buy a big house in a good school district that is far from men's jobs.

Here are some results of the commute stress research by Dr David Lewis (a psychologist and author of several books on stress) and Dr Karol

Watson (of the Centre for Cholesterol and Hypertension Management at UCLA):

- Average journey by train or bus is more stressful than being a fighter pilot in combat, or a police officer in a riot.
- As passengers' stress levels rocket, their brains switch off, leading to a condition they identified as "commuter amnesia".
- Commuters could suffer serious heart problems. Road rage, detours and running late raised blood pressure by nearly 75 per cent.
- The normal resting heartbeat on a healthy young person is about 60 beats per minute. However, as they battled to and from work, the volunteers' heartbeats reached peaks of more than double that - comparable with the rate during strenuous exercise. Dr Lewis said: "Getting to this rate during physical exercise is good but commuters get this from purely psychological reasons and it puts them at risk of serious heart problems."
- A difficult journey to work and the loss of control felt by the commuter can induce intense feelings of pressure, fast pulse rates and high blood pressure.
- Stress plays a major role in the premature aging of cells, which makes them more vulnerable to disease. Stress appeared to have a major impact at a cellular level - dramatically affecting molecules that are believed to play a key role in cell aging.

Job stress

Married men with families to support HAVE to work. They are likely to work longer hours than single men because they need to earn more money in the first place. Working longer hours in itself is more stressful.

Beyond that, employers know that they can delegate married men more things to the point of overworking them and married men are less likely to complain. With a single man there is always a risk he may just say "screw it" and walk away if he is not happy with his work. Married men don't usually have the option of walking away, they have a mortgage and children to pay for.

Another related aspect of working stress married men have is the ongoing realization that they HAVE to continue working the jobs even if they don't like them for years or decades to come. It's basically the realization that they are not really in control of their lives. A single man who does not like his job usually has options to quit/do something else/move. Married men don't have this flexibility and often find themselves in a lose/lose situation. They are screwed if they stop working the job they don't like, and screwed if they continue.

This ongoing realization that they are trapped for the next 20 years can be very stressful and lead to serious health problems.

Family stress

Married men's family stress is caused by frequent nagging by wives and the overall negative and non-supportive attitude majority of married men are exposed to throughout their lives. Modern western woman often takes pride in not supporting her husband and contributing to his emotional stress. A lot of married men find themselves in a situation where they hate going to work and hate going home.

Stress at home and overworked work schedule also contribute to men's poor eating habits, becoming overweight, and becoming addicted to alcohol and drugs. Being overweight and substance abuse then in turn further contribute to men's health problems, creating somewhat of a negative self-reinforcing cycle.

Men who are not married and do not to have children to support have no real reasons to be stressed. They never have to deal with nagging wives. They don't have to worry about making mortgage payments on a huge house their wives made them buy. They don't have a responsibility of paying for children they did not want. They can live within a short commute from their jobs. They don't even have to worry about keeping a steady job. A single guy can always start a part-time business that will eventually make him a nice living. It might take a few years, but it's pretty easy to do if you don't have a nagging wife who DEMANDS that you always have a secure job and bring home a fat paycheck every two weeks.

Take a look at how married and single men in their mid 30s look. A lot of single men look like they are 25. A lot of married men look like they are 45. What ages their appearance is stress.

I will make a conservative prediction and say that men who marry today will die at least 5 years younger from stress and stress-related problems than men who'll stay single.

Western women and their Psychological/Mental problems.

This is a very important issue and something I am currently looking at closer. It is clear that almost all western women have serious psychological/mental problems and are generally unhappy. Non-western women however rarely have these problems, so western women must acquire these problems because of the way they are raised and brought up.

USA today (on 2/15/2005) had an interesting article about the self-esteem bubble American girls are raised with. The self-esteem bubble may help partially explain why western women end up mentally screwed up and damaged goods as potential wives.

The article talks about how schools and parents constantly boost girls' self-esteem and make girls feel good about themselves. For the first 20+ years of their lives western girls are always told how wonderful they are even though they may be completely worthless. The end result is that women are raised with a very inflated sense of self and inflated sense of entitlement and expectations.

Later in life the inflated sense of self comes in conflict with reality and women break down psychologically. Women find themselves in various "put up or shut up" type situation and they can not produce. So women's sense of entitlement, high expectations, and their sense of what they were always told they deserve come in conflict with reality. Woman's lives end up not going as well as their inflated expectations; and that leads to depression and the long list of other serious psychological problems.

If biologically women were designed to raise children, then they were not designed for a career, any kind of competitive environment, or "succeeding" in general. It does not mean that women can not succeed in a career, but it means that they are not happy while doing it. Yet all western girls today are raised to aspire to succeed, regardless of whether it will make them happy or not.

Non-western women are raised without "success" expectations or even inspirations. Their main inspiration is often to be a "good wife", so it makes perfect sense that non-western women end up a lot more happy and mentally stable.

Are you better off living by yourself?

I had an interesting feedback from one reader. The following are his quotes:

- Sex and maybe eating out or going to a movie are probably the only things I want a female company for.
- I know there are women who could tolerate me or maybe not complain too much but I just don't want anyone around.
- I just don't want my life tied permanently to another. Especially legally or financially. There's no right woman as far as I'm concerned.
- I just don't want them around at all unless I invite them over and they leave when I want to be alone.
- I still have girlfriends but there's no need to marry them or cohabitate.

I think it's a very interesting way to look at things. If you mostly agree with the quotes above, then marriage or living with a woman may not be for you at all.

This brings up an interesting theory I have that may partially explain why marriages used to work, but no longer seem to work. In the past people married earlier in life, usually men and women (particularly women) did not live alone before getting married. So people did not have a reference point on how it was to live alone.

What we have now is people getting married after they had lived alone for years and possibly prefer living alone. Once the initial "excitement" of living together wears off, both people start comparing their current lives with their previous single lives. Their previous single lives were usually a lot more fun, responsibility-free, and stress-free; so it makes perfect sense that people separate and go back to being single.

Obviously not everyone living alone prefers it. Many, perhaps most people living alone would probably prefer to live with a partner. But you may just be one of those people who is simply better off living alone and for whom living with a woman would be a burden.

The 2004 essay *The Marrying Kind: Which Men Marry and Why* (marriage.rutgers.edu) found that the older the man gets, the less likely he is to get married. The men they studied were between 25 and 34 years old. 22% of men in their study group thought that marriage was not for them. However, if you only take 30-34 year old men from this group, then the percentage of those not interested in getting married anytime soon goes up to 54%, and 68% of the 30-34 year old men say that at this stage in life they want fun and freedom.

Chapter 18

"Monogamy is only due to a man's failure in business" JP Getty.

"Monogamy is only due to a man's failure in business". It sounds very cynical, but there is a deep meaning behind it, and it does not even matter what your opinion on monogamy is.

I polled American women on this issue and the results were startling.

I first asked women: "Do you think monogamy, marriage, and commitment is in the best interest of an average man?" Almost 100% of women replied "Yes".

I then asked the same women: "Do you think monogamy, marriage, and commitment is in the best interests of famous athletes and entertainers?" The majority of the same women now replied "No". The reasons they gave were:

- Rich and famous get too much attention from women to be monogamous.
- Rich and famous have too good of a life to be monogamous.
- Rich and famous can always find a wife later on in life.

Let's think how ridiculously hypocritical this is. What women are saying is that guys who are poor and don't have much going for them should get married and have committed relationships. And guys who have money and can easily attract women should play the field and not be monogamous. So what does marriage become then - institution best suited for men who are not successful in life?

Chapter 19

Research shows that marriage makes men literally dumber.

Recent research by Satoshi Kanazawa (psychologist at the University of Canterbury, New Zealand) indicates that marriage causes men's mind to literally rot.

Satoshi Kanazawa studied biographies of 280 great scientists and identified a clear relationship between men's scientific achievement and marriage. He found that the great scientists stopped producing scientific breakthroughs virtually overnight after they got married. He also found that men who did not get married continued producing significant scientific contributions well into their 30s and 40s.

Marriage has the same dampening effect on geniuses in music, painting, writing, and all other fields.

If marriage has this effect on great scientists, then think of how much damage it does to the brain of an average guy like you and me?

Women are creativity killers. You do anything that's even slightly out of the ordinary and you get an hour-long bitchfest about how "you need to grow up" and "why can't you be like normal people".

Marriage becomes a funeral to your dreams and inspirations. It sucks the life out of you. Wife's constant babbling, questions, nagging, bitching, put-downs, criticism, etc turn men's brain into a compliant blob of mush. At first, the mind is vigilant, but just as the old saying goes, "It only takes time to break down the mind". As a result, after marriage men will often change from curious and ambitious individuals to boring, do-nothing, brainless, energy-zapped zombies.

Chapter 20

Financial planning for single men.

You need to realize that you are much better off financially than your married and divorced co-workers.

Most of your married co-workers spend 75%-95% of their income on their spoiled wives and kids.

Your divorced co-workers with child support spend about 25%-30% of their pre-tax pay (often well over 50% of after-tax pay) on child support. They probably also got completely wiped out financially during their divorce, effectively losing 5-15 years worth of everything they earned.

That means that majority of your male co-workers survive on a fraction of their income. As a single childless person you have very little excuse for not saving and investing a large percentage of your income. You should save and invest at least half of your income if you make really good money. You need to seriously re-evaluate your lifestyle if you live paycheck to paycheck. You probably either have some costly addictions you need to overcome or you spend way too much money on dating women. Chapter 7 has some good suggestions on how you can save money while dating American women.

If you make pretty good money and don't have to pay for children and a house in a good school district, then you may be able retire within 15 years or semi-retire (where you work around 20 hours a week and take a few months off a year) within 10 years.

A very smart thing to do is to buy a house or an apartment and get one or several roommates to pay most of the mortgage. That way your monthly payment can actually be less than what you are currently paying to rent. (That is currently hard to do in areas like Boston, NYC, DC, LA, SF, etc. Housing prices there are a little out of control and renting there is currently cheaper than buying. But this situation will likely soon correct itself with housing prices in these areas declining to align with rents). Get a good price on a house near college campus that needs a few hundred hours of work and fix it up yourself. You can also convert the basement into a stand-alone apartment for rent. You should be able to pay the house off within 10-15 years and then you will no longer have house payments or rent to worry about.

You should also consider starting your own business, particularly if you are working at a dead-end office job. There are many businesses you can start with mostly your spare time and very little money while you are still employed. Go to a bookstore and start reading books that describe different business you can start.

Your own business will eventually give you flexibility to work your own hours and take a lot of time off to travel. Most people who have done very well financially own their own businesses.

If you are having problems saving money, then you may want to try my recent invention - "marriage role-play shock therapy"™. It is very simple, it will help you save money, and it will prepare you for the future marriage. It works like that - you take every paycheck from now on, you put half of it in a jar, and you forget about it. Every time you think you are short on money, you take an additional \$100 and put it in a jar as a penalty for complaining. Pretty soon you will have plenty of money saved up and you will be ready for marriage.

Living together with a girlfriend.

Be very careful when you move together with your girlfriend. In some geographic locations living together for a certain amount of time becomes a common-law marriage (which means that you and your girlfriend are basically married). I am against living with women because it is simply not worth it. The benefits do not outweigh the loss of freedom in my opinion. But if you decide to move in with your girlfriend, then at least learn about common-law marriage laws in your area and make sure you do not get stuck in one.

Some things to do to avoid being stuck in common-law marriage:

- Do not live with the same woman for over a year or two (in some areas even less). Find out exactly how many years or months you have to live with the same woman to be in a common law marriage in your area.
- Keep all your money separate. Do not share bank accounts or credit cards.
- Do not buy a house together. Buy your own house and have her pay you rent as a roommate.
- Do not buy/lease a car together.
- Do not add each other to insurance policies (car, health, etc).
- Have a roommate rental agreement.

See an attorney if you own a house and your girlfriend wants to move in. You will be VERY pissed if in a few years she will be in a legal position to kick you out of your own house.

Be very careful with single mothers. You might get stuck paying child support for the next 15 years if you are proven to have formed a "bond" with her children. Taking children once a week to a ballpark for a couple of months will probably constitute forming a bond. Do not pay for children. Financially supporting children will certainly constitute forming a bond. If you do pay, just give your girlfriend cash and let her pay. That way there will at least be no record of you paying for children.

Chapter 22

Things to do before you get married.

Before you get married you absolutely HAVE TO sit down with your girlfriend and have a long and non-romantic conversation (or several long and non-romantic conversations). The purpose of this conversation is to determine two things:

1. Agree on children
2. Agree on money

Your answers and your girlfriend's answers should be specific, not vague. And if your answers don't match, then you're not ready for marriage.

1. Agree if you both want children, and, if so, when and how many. If you can not agree on that, then don't get married. Also, talk about who will be responsible for what when it comes to raising children. That's not the issue either one of you should compromise on. As you already know, I am very much against marriage unless you want children, but, regardless of what you end up doing, at least agree on children before you get married.

2. Talk about money. Who will earn it. What kind of lifestyle you both want. What kind of house you both want. Who will be spending money. What will the money be spent on. Disagreements about money are the main reason marriages start having problems. The more on the same page you are about money, the better your chances of a good marriage.

Keep in mind that your girlfriend may not be 100% honest with you about money before you get married. She is not likely to tell you that she wants you to make a lot of money so she can spend a lot of money. So use your best judgement when you have this conversation and make sure what she says agrees with what she does. If she tells you that buying lots of expensive shoes will not be important to her, yet you know she goes to a mall every week, then she is probably lying.

Hire an attorney and write a good pre-nup. Your girlfriend obviously must be willing to sign one.

Document the assets you have before marriage and the value of these assets (that's particularly important if you own a house). Keep these assets separate from the assets you acquire together during your marriage.

After marriage you should have your money, her money, and both of your money (in three different accounts). You should agree on how you will structure that before you get married.

Frequently Asked Questions.

What's wrong with mainstream marriage/relationships advice?

Mainstream marriage/relationships advice is garbage.

Mainstream marriage/relationships advice assigns men all the responsibility and gives women all the entitlements. It tells man to work long hours, provide good income, split responsibility with his wife at home and with children, and shower his wife with love and affection. Woman on the other hand has to do nothing, and nothing is her fault. Mainstream marriage advice basically says that a man is a slave who has to sacrifice his life for the good of his spoiled wife and kids.

Shows like Oprah and Dr. Phil are in business of making fat, self-centered American women feel good about themselves. With hubby's credit card in one hand and a box of bon-bons in the other, they are a great demographic to cater to.

Here is a typical show:

Man: We're not having sex enough.

Audience/Host: You're not romantic enough.

Man: Have spent XXX thousands of dollars on restaurants, candles, flowers, etc.

Audience/Host: Your wife is tired from job/kids, etc.

Man: So am I, but have set up numerous kid-free vacations, hired a maid, done all the household chores, etc.

Audience/Host: Go to counseling.

Man: Spent XXX thousands on counseling. Got a pretty good idea of how terrible I am, but still no sex.

Audience/Host: Marriage is about more than sex.

Man: Agreed. But twice a year?

Audience/Host: Don't be so selfish.

Can American woman change and become a good wife?

Absolutely and categorically NO. American woman has several fundamental problems that will never go away and will actually get worse a few years after she is married:

1) Her self-centeredness, her ridiculously high expectations, her sense of entitlement, her high-maintenance, superficial, and stuck up attitude, her snootiness and her sense of superiority. This "princess" syndrome means that she will always think that she is better than you,

and that she deserves and she is entitled to whatever she wants from you.

- 2) Her inherent anti-male bias and pre-occupation with fairness that was drilled into her at high school, college, and through the media. Her constant confrontations and trying to prove herself and to make a point.
- 3) Her general mental instability and psychological disorders.
- 4) Her being distinctly non-feminine.
- 5) Her using sex as a weapon and reward to get things.

All these things have been deeply engrained into her brain over the first 20-30 years of her life and she is not going to change.

With foreign women, you don't really have any of these problems:

- 1) Anti-male bias in education system and in the media abroad does not exist.
- 2) Foreign women have a lot less expectations and sense of entitlements. Many foreign women have zero superficial, stuck-up and superior attitudes.
- 3) Foreign women are a lot more mentally stable.
- 4) Foreign women are very feminine.
- 5) Foreign women were not raised to use sex as a reward they give.

Will a foreign woman become Americanized nagging bitch after moving to the US?

It's possible, but it's not likely. Your odds of having a happy relationship with the non-American raised woman are infinitely greater. First of all, she was not raised in an anti-male culture. She was also raised to be a lot less spoiled, self-centered, and have a lot less expectations. A lot of foreign women living in the US with American husbands/ boyfriends look at native born North American women as pathetic children, not real women. Many foreign women choose not even to socialize with North American women; as they have their own culture that they prefer.

SingleAbroad.com deals with this issue in greater detail. Some men actually prefer to spend time abroad and date women there, but not bring them to the US.

Surely not all American women are damaged goods.

Sure there are exceptions. The real issue is why would you look for a rare exception among American women when there are tens of millions of foreign women who'll make much better wives or girlfriends. Marrying or even seriously dating an American woman is simply an unacceptable risk. Let's say you find a woman who does not seem overly selfish and materialistic. How do you know if her core beliefs are not anti-male? How do you know she will not become confrontational and preoccupied with fairness after marriage? How do you know she does not have personality disorders that will cause her to always be depressed, etc? How do you know she'll continue having regular sex after marriage?

How do I tell my parents I don't really want to get married, or I don't want to marry an American woman?

You parents were raised with different values. That's the main reason marriage in prior generations lasted. You have to explain to them that things have changed, and marriage to an American woman is the dumbest thing a man can do today. It will take them a while to understand it, but they eventually will.

Are things really as bad as you are describing?

Things are only bad if you get suckered into marrying an American woman or having children with an American woman. Things are better than ever if you don't want to get married at all, or if you find a foreign woman who was raised in a culture conducive to being a good wife.

Chapter 24

Marriage and relationship quotes.

Marriage is a farce -- a social construct that binds two people together when it is quite possible (if not probable) that each of them will grow to want different things out of life. Too often -- instead of acknowledging this basic fact, one tries to "change" the other, or each tries to change the other. OR -- they both cave "for the sake of saving the marriage" while sacrificing happiness in the only life that they know for sure that they have...

Marriage turns to crap no matter what you do. At best it's a tedious bore. At worst a living hell with financial ruin thrown in for good measure.

American women put up a "pre-marital dog & pony show" to impress you. Make you think you're in love. But once you sign the dotted line of marriage, BAM, they get fat, bitchy, cheat on you, and ass-rape you in divorce court.

American women offer up a shit sandwich and then get pissed off when men go elsewhere to eat.

If I ever think I want to get married, I'll find a woman I don't like and buy her a house.

Marriage - The coffin of love -- Ambrose Bierce

Marriage - attempt to make something permanent out of something temporary.

No Marriage List of the Best US Cities for Single Men.

Please email me your comments and suggestions regarding the list.

The main criteria used for the list:

1. Many friendly and easy-to-meet women.
2. Overall a nice place to live (Variety of things to do. Not too much crime, traffic, pollution).

The Absolute Worst Cities

- San Francisco and the SF Bay Area
- Seattle

San Francisco and Seattle are in the class of their own as absolutely the worst cities for single men. The cities have more young men than women because of the technology industry. Plus, most women there are feminist bitches with bad attitude who purposely ugly themselves up.

This is the accurate description of both places:

Like a female bitter ugly bomb was dropped on the city. Single males are in a living hell up there unless you fall into the extremely small percentage of what is considered attractive up here (which means multiple piercings, sloppy unwashed hair, hard-line democrat liberal hippie leanings, etc). The women are pasty, always 15 pounds overweight, ugly, and have the NYC attitude like they are all 10s.

- Vancouver and Toronto.

Canadian special. Vancouver has the same problems as San Francisco. Toronto is the worst of SF and NY in one place. Toronto may very well be the worst city in the world to meet and date women.

The Worst Cities

- New York City
- Los Angeles

NYC and LA are good if you enjoy playing women's mind-games and throwing money at women. NYC and LA have the most psychotic and mentally unstable women. You'll be dating one psychotic bitch after another. But many are hot.

- Boston

Stuck-up women. Not worth any effort.

- Denver

Stuck up women. Ski/outdoor culture attracts more young men than women.

- San Diego
Smaller version of Los Angeles.

The Best Medium size to Big Cities (in alphabetical order)

- Chicago, IL
- Dallas, TX
- Kansas City, MO
- Milwaukee, WI
- Minneapolis/St Paul, MN
- Nashville, TN
- Oklahoma City, OK
- Omaha, NE
- St Louis, MO

The best Small to Medium size Cities

- Baton Rouge, LA - big college population
- Charleston, SC
- Knoxville, TN - big college population
- Little Rock, AR
- Madison, WI - big college population
- Savannah, GA

The best college towns

College towns are small, but they may offer a good lifestyle to single men. They have a variety of things to do, plus there are many college women to choose from.

- Athens, GA
- Auburn, AL
- Iowa City, IA

Comments on other cities

- Austin, TX
The problem with Austin is that every feminist bitch in Texas moves there. But it's a great city overall. So it's a bit of a mixed bag. Austin probably belongs on the list of the best cities though.

- Portland, OR and Pacific Northwest in general
Better than San Francisco, but the same general problems.

Conclusion

I am not suggesting that Midwestern and Southern women will make good wives and good mothers. But they are definitely less damaged goods than women in large coastal cities.

Chapter 26

Final thoughts

Take a couple of days off work and go to divorce court. Do it, particularly if you are still considering marrying an American woman. Divorce court is where the true colors of American women are in full display. It is an extremely eye opening experience. It will really help you understand how selfish and hypocritical American women really are.

I would like to thank you for buying my book. *No Marriage* is by no means satirical or exaggerated. It's meant to be an accurate portrayal of contemporary marriage and contemporary American women. I hope that it helped you decide if you want to get married in the near future and if your girlfriend will make a good wife.

I'll finish the book by looking at marriage from a different angle. Let's think about all the effort being put into promoting and encouraging marriage. Think of how much government promotes marriage. Think of how much every woman promotes marriage. Go to any bookstore and look at a long list of women's magazines and women's self-help books - they all promote marriage. Think of how much TV, movies, and the media in general promote marriage. Think of how much religious organizations promote marriage. Think of the army of psychiatrists, psychologists, marriage counselors, and other marriage and relationships "experts" who all promote marriage.

And with all this marriage promotion, over 50% of marriages end up in divorce, and the majority of those not ending up in divorce are in horrible shape. Something is clearly not working here.

I don't know of any other aspect of our lives where so much effort is being put into promoting something that fails so miserably.

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